

Crave N Rave
Pizza Flavored Lentils

Nutrition Facts

1 servings per container

Serving size 1 bag (35g)

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 7g 9%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 200mg 9%

Total Carbohydrate 19g 7%

Dietary Fiber 7g 25%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 40mg 2%

Iron 2.3mg 15%

Potassium 300mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.